



KIRKBURTON HEALTH CENTRE PATIENT PARTICIPATION GROUP (PPG) NEWSLETTER SUMMER 2025

Our Newsletter can be viewed on our website www.kirkburtonhealthcentre.nhs.uk or by email upon request.

SEASONAL VACCINATIONS



Kirkburton Health Centre is following the latest Joint Committee on Vaccination and Immunisation (JCVI) guidance to make sure that all patients eligible for Flu, COVID-19 booster and Respiratory Syncytial Virus (RSV) are vaccinated at the most effective time.

We will shortly be inviting all eligible patients to book an appointment using a direct link or contacting the Practice after 2pm Monday to Friday. Our first Flu Clinic weekend will be on **4th and 5th October** and there will be clinics during the week from October.

We have reserved vaccinations for all eligible patients. Please support the Practice and have your Flu vaccination with us.

Please come forward for vaccinations when invited. Vaccination is the best way to protect yourself, those around you and the NHS.



FOCUS ON – Roger Abbott, Care Co-Ordinator

Roger is the Care Coordinator for The Mast Primary Care Network. He works in the community, visiting patients who are living with multiple long-term conditions and/or complex needs; patients living with frailty or are housebound and patients who require carers, offering a whole family approach. A key part of Roger's role is helping patients to achieve their goals and make connections with organisations and services available to them.

Appointments with Roger can be booked through Reception staff at the Practice, or ask a member of the healthcare team when you attend an appointment.

Roger also offers advice and information group sessions for people living with dementia and their carers called Time for Tea and Biscuits.



Information sessions for people living with dementia and their carers are being held at Kirkburton Health Centre from 2.00pm-4pm on:

- Wednesday 13 August
- Wednesday 10 September
- Wednesday 15 October
- Wednesday 12 November

Please come along

CHANGES TO CERVICAL SCREENING FOR THOSE AGED 25-49

The NHS has announced that from July, those who are at very low risk of cervical cancer, will be invited for cervical screening at 5-year intervals, rather than 3, in line with major clinical evidence. Those whose sample indicates the presence of human papillomavirus (HPV) or who have a recent history of HPV, will continue to be invited to more frequent screenings.

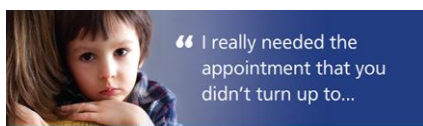
For more information visit www.england.nhs.uk/2025/06/nhs-rolls-out-more-personalised-cervical-screening-for-millions/

TIRZEPATIDE (MOUNJARO®)

You may be aware of recent articles in the news about weight loss injections, Mounjaro®, being approved for prescribing within Primary Care as part of wider support for people living with obesity. West Yorkshire Integrated Care Board (WYICB), responsible for commissioning services in Kirklees, have not yet rolled this out to GP Practices in our area, therefore **we cannot prescribe Mounjaro® at the present time**. For more information about Mounjaro®, please visit West Yorkshire ICB's questions and answers page

<https://www.wypartnership.co.uk/our-priorities/medicines-and-prescribing/medicines-information/questions-and-answers-about-tirzepatide-mounjaro>

PATIENTS WHO DID NOT ATTEND APPOINTMENTS – APRIL-JUNE 2025



GP appointment?
Can't make it?
Don't need it?

CANCEL IT!

	Total No. of Appointments	No. DNA	% DNA
APRIL	4063	131	3.22
MAY	3701	109	2.94
JUNE	3816	107	2.80

Patients who fail to attend their appointments and do not inform us, incur significant cost to the Practice and to other patients in terms of lost appointments. **If you do not need your appointment, or simply want to change it, call 01484 602040.** Thank you for your co-operation.

ENJOY THE SUN SAFELY



Top Tips

As temperatures rise, it's important to stay safe in the sun. Remember to stay hydrated, wear sunscreen, and seek shade during the hottest parts of the day.

- ✓ Spend time in the shade between 11am and 3pm
- ✓ Cover up with suitable clothing, including sun hat and sunglasses
- ✓ Use at least factor 30 sunscreen
- ✓ Drink plenty of water
- ✓ If you are doing physical activity, plan to do it during cooler times
- ✓ Check on family, friends, and neighbours on extremely hot days.

For more information visit www.nhs.uk/live-well/seasonahealth/sunscreen-and-sun-safety/



THE MAST JUBILEE COMMUNITY GARDEN BEHIND SKELMANTHORPE FAMILY DOCTORS



The Jubilee Garden provides a space for Community Groups, Care Home Residents and individuals to go, get active and spend time outside. It is open Monday – Friday, 9.00am-5.00pm for anyone to enjoy. Saturday, 10.00am-12 noon is a volunteer-led gardening group.

Everyone welcome. Contact jubileegarden2022@outlook.com for more information.

Below are some comments from our volunteers:

"The Jubilee Garden is a lovely, friendly place to be, where one can learn so much about gardening. It is welcoming, enjoyable and inspirational."

"Working with others to develop the garden, sharing enjoyment, friendship and sense of achievement, has given me back far more than I have given."

A Carers Garden Event will be held on Wednesday, 6th August from 11am – 2pm.

If you are caring for a family member or friend, come along and immerse yourself in the peaceful surroundings of the garden and get information from local services who support carers.

Everyone welcome!

Personalised Care Kirklees
Social Prescribing

Carers Garden Event
Wednesday 6th August 11am - 2pm

If you're caring for a family member or friend, come along and immerse yourself in the peaceful surroundings of the garden and get information and advice from local services who support carers.

Everyone is welcome to join us!

The Mast Community Garden, behind Skelmanthorpe Family Doctors, HD8 9DA

www.kirklees.gov.uk/personalised-care