

MINUTES OF PATIENT PARTICIPATION GROUP MEETING HELD ON 11 DECEMBER 2024

- 1. Present:** DB Assistant Practitioner; CHi Chair; CHe Vice-Chair; SC; ES

In attendance: RA, Care Co-Ordinator; BM, Social Prescriber; JP, Health and Wellbeing Coach – The MAST Personalised Care Team

Apologies: JL; MT; AD; PS; JM; JS; LC; MS; RD; JR; RC

- 2. Welcome:** CHi introduced new member ES to the group and welcomed everyone to the meeting.

DB invited Personalised Care Team colleagues Roger, Becca and James to give an overview of their roles. The team supports the five Practices in The MAST Primary Care Network (PCN) (Dearne Valley, Kirkheaton and Lepton, Kirkburton, Shepley and Skelmanthorpe) to deliver non-medical support to our patients.

Care Co-Ordinator – Roger Abbott

Roger explained that his work involves visiting patients at home. He supports patients who are living with multiple long-term conditions and/or complex needs; patients who live with frailty or are housebound and patients who want to remain living independently. He works with patients and carers to identify organisations and services which are available to them to ensure that their needs are met.

Social Prescriber – Becca Morris

Becca said that her role involves working with patients to connect them with local community activities and services that can improve their health and well-being. A key part of her role is building relationships with people and understanding what matters to them. She can also help people seek practical advice, for example debt, employment, or housing issues.

Health and Wellbeing Coach – James Parsonage

James explained that he supports and motivates people to take proactive steps to manage their physical and mental health conditions, based on what matters to them. He works with people through a series of sessions to help them set and achieve personalised health and care plan goals, offering support about diet and lifestyle.

- 3.** DB thanked Roger, Becca and James for explaining their roles to PPG members. She said the team has a very positive impact for patients and our Practices.
- 4.** CHi thanked all PPG members for their support and input throughout 2024, which was acknowledged and appreciated by everyone at the Practice.
- 5. Date and Time of next meeting: To be agreed.**