



# KIRKBURTON HEALTH CENTRE PATIENT PARTICIPATION GROUP (PPG) NEWSLETTER SUMMER 2024

Our Newsletter can be viewed on our website [www.kirkburtonhealthcentre.nhs.uk](http://www.kirkburtonhealthcentre.nhs.uk) or by email upon request.

## WELCOME

We welcome GP Registrars Dr Mohammed Khider and Dr Punya Subash to our team.

## ANNUAL REVIEWS

Each year we invite patients who have specific long-term conditions such as asthma, COPD, diabetes, cardiovascular and hypertensive conditions for an annual review. The review will always be due around your birthday month.

We will soon be changing the way we invite our patients for their annual review. If you have a mobile number registered on your records, we will send an invitation to your mobile phone with a link to book your appointment with one of our nurses. Using our booking link means patients can book their appointment when convenient to do so, without waiting on the phone.

We will continue to send letters, or occasionally phone those patients who are unable to receive text messages from the practice. Appointments can still be booked by telephoning the practice, if this is easier for you.

## FLU AND COVID-19 VACCINATIONS

UK Health Security Agency | NHS

**Flu and Covid-19 spread more easily in winter and can cause you serious illness.**

**GET WINTER STRONG** ✓

**Come forward for your flu and Covid-19 vaccinations** when invited.

**Vaccination is the best way to protect yourself,** those around you and the NHS.

**Kirkburton Health Centre will provide an excellent vaccination programme this year.**

**We will follow the latest Joint Committee on Vaccination and Immunisation (JCVI) guidelines to ensure that eligible patients are vaccinated at the most effective time.**

The practice will be sending invitations in July and August to all eligible patients, who will then be able to book their appointment using a direct link or telephone the practice.

Our first flu clinic weekend will be on 5<sup>th</sup> and 6<sup>th</sup> October and there will be clinics during the week from October at the practice.

*Please support the Practice and have your vaccination with us.*

For more information, please visit <https://www.nhs.uk/vaccinations/flu-vaccine/>

## FOCUS ON: THE MAST PERSONALISED CARE TEAM

Personalised care is a key element of the NHS Long Term Plan, giving people choice and control over the way their care is planned and delivered. It helps them to make decisions based on what matters most to them, and their individual strengths and needs.

Health and wellbeing can be affected by many things, such as feeling isolated, lonely, stressed or living with a health condition



supports primary care to deliver non-medical support to patients across all Kirklees Primary Care Networks.

**Beth Reilly** is Operations Manager for The Mast, Greenwood and Tolson Primary Care Networks (PCNs). She works in partnership with Clinical Leads in each PCN, and our Personalised Care Team to develop and deliver a high quality Personalised Care Service that meets the needs of our local population.

The Mast PCN Personalised Care team is a dedicated team - **Victoria Mowbray**, Mental Health Social Prescribing Link Worker, **Becca Morris** Social Prescribing Link Worker, **James Parsonage**, Health and Wellbeing Coach and **Roger Abbott** Care Coordinator.

Beth said: "Our team supports patients to make decisions about their care and helps them to feel confident and empowered, from those with long term illness and complex needs to people managing mental health issues or struggling with social issues which affect their health and wellbeing."

The team has a number of developments underway, including targeted work around a self-care project; an employment and skills project; continuing the positive work around dementia coffee mornings; Social Prescribing drop-in sessions; Wellbeing Workshop for patients who want a healthier lifestyle; Diabeat-It Programme to help patients manage diabetes and a Green Social Prescribing Plan for The Mast Community Garden.

For more information, please call the Practice.

## PATIENTS WHO DID NOT ATTEND APPOINTMENTS – APRIL – JUNE 2024



GP appointment?  
Can't make it?  
Don't need it?



	Total No. of Appointments	No. DNA	% DNA
<b>APRIL</b>	1260	98	7.7%
<b>MAY</b>	2615	152	5.81%
<b>JUNE</b>	1622	114	7.02%

If you do not need your appointment, or simply want to change it, call 01484 602040. Thank you for your co-operation.