



KIRKBURTON HEALTH CENTRE PATIENT PARTICIPATION GROUP (PPG) NEWSLETTER WINTER 2021

Our Newsletter can be viewed on our website www.kirkburtonhealthcentre.nhs.uk , or by email upon request.

WELCOME

We are pleased to welcome Health Care Assistant Nicola, Receptionist Emma and Apprentice Receptionist Ellie, to our team. Dr Schatzberger will shortly commence maternity leave.

COVID-19 VACCINATION

We were excited and delighted to receive our first delivery of the Pfizer/BioNTech vaccine in December 2020.

Our vaccination programme has now started, with those 80 years of age and over. The order in which people will be offered the vaccine is based on advice from the Joint Committee on Vaccination and Immunisation (JCVI).

Dr Gethin Lane said: "The roll-out of the COVID-19 vaccination is a real positive step forward in the fight against the pandemic. This will be the largest vaccination programme in the history of the NHS. Our staff, together with colleagues across our Primary Care Network, have worked hard to make sure that we have everything in place in order to sustain a safe, smooth and efficient vaccination programme. Thank you, to all our staff."

Please do not ring the practice to try and book a vaccine. We will contact you when your vaccination is due.

When we do contact you, act immediately and make sure you attend your appointments.

Please: wear a face covering unless exempt; use the intercom on arrival; sanitise your hands; have your temperature checked.

The vaccination will be given as an injection in the upper arm. Recipients will be monitored for 15 minutes after the vaccination. It will be given in two doses, at least 21 days apart.

For more information about the vaccine, please visit www.nhs.uk/CovidVaccine



SUPPORT THE NHS: MAKE THE RIGHT CHOICE



	SELF CARE	Keep a well stocked medicine cabinet. Many minor issues, like coughs, grazes and sore throats are treatable at home .
	COVID-19 TESTING	If you have coronavirus (Covid-19) symptoms you can book a test online at www.nhs.uk/coronavirus or call 119. You must stay at home (self-isolate) if you have symptoms.
	LOCAL PHARMACY	Pharmacies offer medical advice and treatments for minor illnesses like coughs, colds, tummy trouble, rashes, aches and pains, and also give flu jabs.
	PHONE NHS 111	You can phone 111 or visit www.111.nhs.uk when you cannot wait to see a doctor. NHS 111 is a fast and easy way to get the right help urgently , 24 hours a day 365 days year.
	LOCAL GP PRACTICE	GP practices provide advice and support on a wide range of health concerns. Appointments are available 7 days a week 365 days a year. Contact your practice online, via an app or phone for an appointment.
	ACCIDENT & EMERGENCY	The A&E department in hospital is open for life threatening emergencies , like heart attacks, 24 hours a day, 365 days a year.

This winter will be like no other as we work together to prevent the spread of Coronavirus.

It will be several months before vaccines are a major factor in keeping us all safe.

Regular hand washing, wearing a face covering and keeping a safe distance from others remains the best way to keep protecting each other.

Our Flu clinics have been very successful this year, and as a Practice we would like to thank all our patients who followed the COVID safety guidelines. We received excellent feedback from patients who attended our Flu Gazebo. Patients who have attended the Practice have told us that they felt safe when visiting us.

Consultations with GPs, Nurses or other healthcare professionals are available online, over the phone or face-to-face. Please call or contact us online. If you need a face-to-face appointment, you will be offered one.



FOLLOW US ON FACEBOOK

Our Practice now has a Facebook page, which is intended to be an additional communications and engagement channel. You can search for us, or visit www.facebook.com/kirkburtonhc.

RESEARCH READY

We are continuing to take part in important clinical research studies. A recent study, PROMDEP, is a study looking at the use of Patient Reported Outcome Measures, for monitoring patients with depression.

CHRISTMAS JUMPER DAY FOR SAVE THE CHILDREN

Our team supported Christmas Jumper Day on December 11th and raised money for Save the Children.

